

Dear SBS Families,

I pray that you and your family are healthy and happy. In order to improve my skills as a guidance counselor, I recently completed a year-long Christian Life Coaching class taught by a licensed therapist and life coach at The Kitchen Table in Lafayette, Louisiana. I am beginning my hours of internship and want to offer coaching services to parents.

As a Christian Life Coach, I am trained to create a space with my clients that will allow them to experience new levels of awareness, purpose, and lead them out of a hardened heart state. If you are doubting yourself, feeling lost, allowing fear to hold you back, or if you are thinking you are not good enough, I may be the life coach for you.

If you are interested, please contact me at (337) 332-5350 ext. 234.

God bless,

*Gena Thibodeaux*

Guidance Counselor

*“Spread love everywhere you go.  
Let no one ever come to you without leaving happier.”  
- Saint Teresa of Calcutta -*

*Amneta*