BREAUX BRIDGE HIGH CHEER

PRESENTS

CHEER CLINIC





9:30AM TO 2:00PM SHOW OFF AT 1:30 PM LUNCH PROVIDED

CONTACT INFO: lalana.boyers@gmail.com

PER PARTICIPANT



ONI INF REGISTRATION

WEAR COMFORTABLE CLOTHING

BRING WATER AND A SNACK



1015 BREAUX BRIDGE HIGH SCHOOL ROAD, BREAUX BRIDGE, LA 70517

Bag Lunch Guidelines

Food and Nutrition Services strive to promote a healthy nutrition environment in your child's cafeteria. We ask that parents are mindful of what is packed in lunches from home as certain items can cause distraction in the lunchroom.



Foods ENCOURAGED to be packed in a lunch from home:

Fresh fruits and vegetables:

Cutting and portioning fresh fruits and vegetables are a great way to encourage your child to eat and enjoy more fresh produce

Whole grains:

Whole grains versus enriched, processed grains will provide your child with fiber while keeping them full longer. Some examples of whole grains include whole grain sandwich bread, wraps, pita, crackers, pasta, and cereals.

Protein:

Examples include turkey, chicken, roast beef, ham, tuna, hard boiled eggs, Greek yogurt, and beans/legumes. For the safety of our students with allergies, we ask that you do NOT send your child to school with any peanuts or nut products.

Beverages:

Low fat milk, 100% fruit juice, or water can be packed from home or are available for purchase in your child's cafeteria.

Leftover meals:

Leftover home-prepared meals can provide a nutritious meal that your child will enjoy.

Foods that are NOT allowed in your child's cafeteria:

Peanuts and foods containing nuts:

Many students are sensitive or have life-threatening allergies to peanuts and nut products. Please do NOT send your child to school with foods containing nuts.

Candy:

Foods of minimal nutritional value can cause distractions in the cafeteria. We kindly ask that you save candy for after school.

Chips:

Many chips are high in saturated fats and sodium. Look for baked varieties or whole grain crackers instead.

Soda, Sweetened Beverages:

Sodas or sweetened beverages are typically high in sugar content with minimal nutritional value. These drinks can cause distractions in the cafeteria.

Fast Foods:

Please refrain from sending your child to school with fast foods. Fast food packaging and logos are prohibited in the cafeteria per USDA guidelines.

When packing your child's lunch from home, use ice packs or a thermos when appropriate in order to keep cold foods cold and hot foods hot.

nutrition@fns-dol.org

This institution is an equal opportunity provider.

Attention 8th Grade Parents!



What: 8th Grade Parent Meeting

Date: Monday, August 25, 2025

Time: 6:00 p.m.

Where: St. Bernard School Cafeteria

We will begin the process of planning the 8th Grade activities for this year.

Please make every effort to attend. Your opinions and ideas are important to us.

If you have any questions, feel free to contact Jamie Monette at 332-5350 x 222 or email at <u>jmonette@sbscrusaders.com</u>.





August 2025

Pre-K and Kindergarten will be served Line 1 only. High Schools have the addition of fresh fruit or 100% juice daily. Choice of skim or low-fat milk offered daily.

Diocese of Lafayette Food and Nutrition Services

Monday

Tuesday

Wednesday

Thursday

Welcome back!

FNS is pleased to launch our new "Lagniappe Choice" line with lighter fare options.



Cucumbers are this month's



5

Line 1
Country Fried Steak with

Gravy

Mashed Red Potatoes

Buttered Carrots

Homemade Roll

Chilled Peaches

6

fns-dol.org to find out!

WHO IS THE PATRON SAINT OF CAFETERIA WORKERS?

Line 1

Pepperoni Calzone with Marinara Cup Whole Kernel Corn Garden Salad

Strawberry Cup

Crunchy Chicken Sandwich French Fries Stack of Trimmings

French Fries
Stack of Trimmings
Fresh Banana
Snickerdoodle Cookie

Line



Line 1 Lagniappe 11

Sloppy Joe on a Bun French Fries French Fries Roasted Cauliflower Sauteed Apples Sauteed Apples Line 1

Lagniappe 12

Creole Sausage Steamed Rice Candied Yams Sliced **Cucumbers** Wheat Roll Fruit Salad



Line 1 Lagniappe 13

Breaded Chicken Strips Dutch Waffles with Maple Syrup Steamed Broccoli Strawberry Cup

Loaded Baked Potato Homemade Roll Steamed Broccoli Strawberry Cup Line 1 Lagniappe 14

Salisbury Steak Mango Pineapple
Mashed Red Potatoes Smoothie
and Gravy Tortilla Chips
Black Eyed Peas Salsa Cup
Homemade Roll Baby Carrots with Ranch
Granny Smtih Apple Granny Smith Apple

Line 1 Lagniappe 15

Grilled Cheese Mediter
Sandwich with
Tomato Basil Soup Pit
Tator Tots Chilled Pears Vanilla I
Vanilla Pudding with
Chocolate Chios

Mediterranean Salad with Hummus Pita Chips Chilled Pears Vanilla Pudding with Chocolate Chips

Line 1 Lagniappe 18

Meat Sauce and Spaghetti Lo Roasted Broccoli Italian Salad Homemade Garlic Roll Honeycrisp Apple

Loaded Baked Potato Homemade Roll Roasted Broccoli Honeycrisp Apple

Line 1 Lagniappe 19

Taco Tuesday Salsa Cup Refried Beans Chopped Lettuce and Tomato Cup Chilled Pears

Strawberry Banana Smoothie Tortilla Chips Salsa Cup Chopped Lettuce and Tomato Salad Chilled Pears

Line 1 Lagniappe 20

Pig-N-Blanket Potato Rounds Vegetable Medley Strawberry Cup Personal Pan Pizza Potato Rounds Vegetable Medley Strawberry Cup

Line 1 Lagniappe 21

Chicken and Sausage
Jambalaya
Seasoned Green Beans
Homemade Roll
Pineapple Tidbits
Sun Butter and Jelly
Sandwich
Mozzarella Stick
Celery and Carrot
Sticks
Applesauce Cup

Line 1 Lagniappe 22

Hamburger on a Bun French Fries Stack of Trimmings Fresh Baby Carrots Sliced Peaches Chocolate Chip Cookie

Chicken Dipper Salad Sliced Peaches Chocolate Chip Cookie

Line 1 Lagniappe 25

Pepperoni Pizza Popeye Salad Whole Kernel Corn Fresh Orange

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Line 1 Lagniappe 26

Tangerine Chicken Fried Rice Steamed Broccoli Mandarin Oranges Loaded Baked Potato Fried Rice Steamed Broccoli Mandarin Oranges

Line 1 Lagniappe 27

Bowl of Chili Corn Chips Ranchero Beans Sweet Potato Crunch Chilled Pears

Personal Pan Pizza Ranchero Beans Sweet Potato Crunch Chilled Pears

Line 1 Lagniappe 28

Cheesy Scrambled Eggs Biscuit and Jelly Hashbrown Potatoes Salsa Cup Blueberry Parfait

Strawberry Yogurt Graham Crackers Hashbrown Potatoes Salsa Cup Blueberry Parfait

Line 1 Lagniappe 29

Chicken Nuggets Macaroni and Cheese Buttered Carrots Applesauce Cup Iced Cake

Market Salad Homemade Croutons Applesauce Cup Iced Cake

Mandarin Oranges Mandarin New FNS Policy!

Parents are encouraged to monitor their child's account balance closely, by utilizing www.MySchoolBucks.com or by downloading the My School Bucks app. If you feel like your child's account was charged in error, please contact the cafeteria or FNS office within 10 business days of the charge to rectify the situation. After 10 business days, no adjustments will be made to the account.



PAY FOR MEALS ONLINE

MySchoolBucks.com

This institution is an equal opportunity provider, employer, and lender.



5th Grade MANDATORY Parent Technology Meeting (New Chromebooks) in the Gym at 5:30 p.m.

Back-to-School Night 6:00 p.m. - Kindergarten and 2nd through 5th Grade Parents (PreK3, PreK4, 1st, 6th, 7th, & 8th Grade Parents do NOT attend). Parents can go straight to the classrooms. We will have our Crusader Ambassadors around to help you find your way.

College Football Apparel



Spirit Day

at St. Bernard School

Friday, August 29, 2025

You may wear any college apparel (jerseys, t-shirts, sweatshirts, sweaters, hats, socks, etc.) with JEANS or SCHOOL UNIFORM BOTTOMS! You do not have to limit yourself to LSU or ULL!

All college apparel must have appropriate decorations on them...NO HELMETS ALLOWED!

Samples of acceptable apparel as you support your favorite team:



Any student not appropriately dressed will have their parent called to bring a school uniform.

MINSTER

crusader challenge 2025

Deadline in 49 days!

This year's Crusader Challenge is scheduled for Friday, November 21, 2025! We are still in the planning phase and looking for sponsorships. The deadline for sponsorships is Friday, September 26th. If you or your business is interested in sponsoring this year's Crusader Challenge, please contact Heather Cambre at (337) 281-5728 or crusaderchallenge@sbscrusaders.com for more information.

St. Bernard School Campus Friday, November 21, 2025

www.sbscrusaders.com



Kid & Adult sizes Long sleeve & short \$20.00





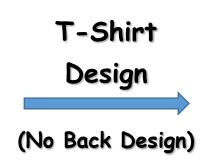
Order by 3:00 p.m. on August 22nd to be delivered at SBS by September 2nd!

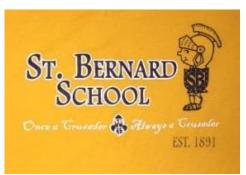
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SITES.COM/SHOP/OLS/CATEGORIES/SPIRIT-SHOP

ST. BERNARD SCHOOL

FIELD TRIP T-SHIRT

jmonette@sbscrusaders.com (337) 332-5350 x 222





This is the **ONLY** design that will be allowed for field trips.

On field trips, first through seventh graders have the option of wearing either this designated field trip t-shirt or their official grey-colored SBS uniform shirt.

\$10.00 per T-Shirt

These t-shirts are available in Youth X-Small, Youth Small, Medium, Large, X-Large and Adult Small, Medium, Large, X-Large, and XX-Large.

*NOTE: Add \$3.00 for each XX-Large Ordered

Deadline for beginning of the school year order is Wednesday, August 13, 2025

			_
Student's Name:	, 	Grade/Teacher:	_
Parent's Name: _		Phone #:	_

Quantity	Size	Total Amount
TOTAL		
*NOTE: This is a RenWeb Charge.		

Please note that PreK3, PreK4, K, and 8th Grade students will have their own class t-shirt, so they will NOT have to purchase one of these t-shirts. These shirts are for 1st – 7th graders only.



How do students pay for lunch?

All lunch charges are done digitally. Parents may track and pay for their child's lunch purchases by setting up an account on myschoolbucks.com. Even if it is the plan for students to bring lunch every day, we ask that families still create an account in the event that something is purchased.

- Are students still allowed to apply for free or reduced lunch pricing?
 Yes, families may apply for free or reduced lunch pricing each year. The application can be found on the FNS website under Parent Resources.
- Is there a lunch menu to review?
 Yes, FNS will produce a monthly lunch menu. These can be found on their website; however, we will also post and send them out via email, our website, and social media.
- What if my child has special dietary needs, but wants to still eat lunch at school? Families need to complete the "Diet Modification" form so FNS can evaluate a student's needs and accommodation options. The Google form for "Diet Modification" can be found on the FNS website under Parent Resources.
- Yes, Food and Nutrition Services partners with the USDA, which requires clear guidelines that must be followed in the cafeteria. Bag lunch guidelines can be found on the homepage of the FNS website. It is the green flyer.
- Mhat is considered a brand-name label?

 All food should be sent to school in containers or bags without any brand-name logos. Prepackaged food purchased at a store should be removed from its packaging and sent to school in other containers. Food that is made to order outside of campus should be free of any packaging, including labels or marketing materials of the place of purchase.
- Do waters or juice boxes need to be free of brand-name labels?

 Simply due to the restrictions of transporting liquids, juice boxes and water bottles with marketing on them will be allowed to be sent to school.
- Can my child purchase food even if they bring a lunch?
 Yes, all students are allowed to purchase food in the cafeteria; however, students should have money in their account set up on myschoolbucks.com before making any purchases.
- What is the Lagniappe Line?

 New this year, FNS has rolled out greater options and variety for our students to choose from! Most days, there will be a "Line 1", which will serve the main meal for the day, and a "Lagniappe" line. Items in the "Lagniappe" line can be paired with the meal from "Line 1". Lagniappe items may be bought a la carte (individually), or a student may purchase all the items as a meal.
- Do students have to purchase the Line 1 meal to purchase something from the Lagniappe line? No, students can purchase only items from the Lagniappe Line if they wish.
- Yes, the ice cream schedule has been added to the school's public online calendar. As a good rule of thumb, third through eighthgrade students may purchase ice cream every other Friday, and our three-year-olds through second-grade students may purchase ice cream on a scheduled Friday a month. The first Friday for ice cream purchase for 3rd 8th grade will be Friday, August 15, 2025. The first Friday for ice cream purchase for PK3 2nd grade will be Friday, August 29, 2025.
- How do I know what my child is buying in the cafeteria?
 You can monitor your child's purchases via an online account that you can set up on myschoolbucks.com.
- If I don't want my child to purchase items from the cafeteria, is there a list I can add them to?
 We ask that all parents please speak with your child(ren) about your family's expectations and desires for lunch during the school day. Currently, we do not have a list for those not to purchase lunch, thus it is important to set up a myschoolbucks.com account so you can actively monitor if and what your child is purchasing.



Diocese of Lafayette Food and Nutrition Services Meal Prices School Year 2025–2026

Breakfast	Elementary	High School
Student, Full Paying	\$2.70	\$2.70
School Staff, Faculty, Visitors	\$4.15	\$4.15

Lunch	Elementary	High School
Student, Full Paying	\$3.95	\$4.25
School Staff, Faculty	\$6.15	\$6.15
Visitors	\$6.25	\$6.25

Second Servings:

Item	Elementary	High School
Complete Meal	\$6.15	\$6.15
Extra Entrée	\$1.80	\$1.80
Extra Personal Pan Pizza	\$2.50	\$2.50
Extra French Fries	\$1.65	\$1.65
Extra Fruit/Vegetable	\$.60	\$.60
Extra Bread	\$.50	\$.50
Extra Milk	\$.60	\$.60
Extra Juice	\$.60	\$.60
Shakes	\$1.15	\$1.15

Ice Cream	\$1.50	\$1.50
Bottled Water 16 oz.	\$1.00	\$1.00
Bottled Water 8 oz.	\$.75	\$.75
Spork Kits	\$.25	\$.25
Condiments	2 packs for \$.25	2 packs for \$.25

^{**}The National School Lunch Program & School Breakfast Program under USDA direction does not allow for "charging" of meals. Please be sure that your child has sufficient funds in his/her account. **

Extras: can only be purchased by students after a reimbursable meal has been purchased. Students must have sufficient funds in their lunch account to purchase extras.

Exception for Students: Milk, Juice, and Bottled Water may be purchased at any time.

Exception for Adults: Adults may purchase individual items instead of the entire meal.



ST. BERNARD SCHOOL

251 East Bridge Street • Breaux Bridge, LA 70517-5027 Office: 337-332-5350 • Fax: 337-332-5894

Dear Parents,

The following forms need to be updated on RenWeb: Student Demographic, Student Medical, Custodial Parent, Emergency Contacts, Transportation, T-Shirt Size, and the Grandparent's Form. To update these forms, click on the Web Forms Tab under the School Information Tab. It is imperative that all forms are updated. Note: Please pay special attention to the Medical since this is where you will list all of your child/children's allergies or special needs. The Grandparent's Form will be used for invitations to special events; this includes step-grandparents and great-grandparents. Parent Alert is one of the functions in RenWeb that allows us to text/call parents with information. We will use this function for any important information especially for School Closures. Please note that this is a one-way communication tool. If you reply to the text, we will not receive it. In order to make sure that you get these notifications, make sure to update your preferences on the bottom of the Custodial Parent Form. The last option is confusing. It says Parent Alert: No Text: Yes or No. Choosing Yes means you DON'T want a text.

<u>You are responsible</u> for making the updates. Make sure to click save when you are finished with your updates. Please only save each form once. If changes need to be made in the future, simply access the *Web Forms* tab and make your corrections. RenWeb will notify SBS (on Sunday's) that changes have been made and we will print the updated form for office use.

Remember, your child's grades, etc. can be accessed through RenWeb. All other information will be on the school website, www.sbscrusaders.com. On the second school day of each week, Ms. Jamie will send out an email including all memos. You can also go to the website, www.sbscrusaders.com to see all memos. Memos can be accessed under the Parent Tab. The school calendar with upcoming events is also on the main Parent Tab.

SBS receives government funding every year through the Title I program. We utilize this money to provide Title I/Intervention services for our students. TITLE I FUNDING IS DETERMINED BY THOSE THAT APPLY AND QUALIFY FOR FREE AND REDUCED LUNCH EACH YEAR. WE ARE ASKING THAT ALL HOUSEHOLDS GO ONLINE TO www.myschoolapps.com AND COMPLETE AN APPLICATION IF THEY QUALIFY SO THAT WE CONTINUE TO RECEIVE OUR TITLE I FUDNING. Thank you in advance for your assistance.

Crusaders in Christ,

Danielle Caillier

Danielle Caillier

Technology Coordinator



CAFE CONNECT AFTER SCHOOL HANGOUT & TUTORING TUESDAYS / WEDNESDAYS / THURSDAYS | 3:00-5:15PM

STUDENTS! Looking for a place to relax, hang out with friends, study, catch up on homework, or get a little extra help after school? Cafe Connect is for YOU!



SCAN TO SIGN UP FOR TUTORING!





ORATORY NIGHTS!

COMMUNITY | PRAYER | CATECHESIS | LIFE SKILLS

WEDNESDAYS @ 5:30-7:30PM

SIGN UP STBERNARDCATHOLICCHURCH.COM/ORATORY
STARTS SEPT. 10 | 2ND-8TH GRADES | ST. JOSEPH ORATORY



BAKING

CLASSIC GAMES



WOOD WORKING



SEWING... & MORE!





FELLOWSHIP

GARDENING



Oratory Nights offer community, prayer, catechesis, and life skills, rooted in the four pillars of the Oratory: home, church, recreation, and education. Led weekly by faithful parish volunteers, these evenings create space for youth to grow in faith, friendship, and hands-on learning. Dinner is provided. All St. Martin Parish students are welcome!