

# Rebels

## Speed. Power. Endurance Camp

*Designed to help all ages run Quicker, Faster, Stronger, and more Efficiently!*

*2nd graders through 12th graders*

*The Rebels Speed. Power. Endurance Camp is designed to help athletes of all shapes, ages, sizes, and ability excel in their individual sport/event. Take advantage of the expertise and experience in event training, periodization, techniques, and instruction to improve your speed, power, endurance, and knowledge!*



### Available 2018 Summer Sessions:

|                         |                         |                |
|-------------------------|-------------------------|----------------|
| <b>June 26-28, 2018</b> | <b>8:00am - 10:00am</b> | <b>\$85.00</b> |
| <b>July 10-12, 2018</b> | <b>8:00am - 10:00am</b> | <b>\$85.00</b> |

**All sessions will meet at Teurlings Catholic High School's Track and Field / Football Stadium**

**Pre-Registration is preferred; however, we will accept walk-up registration as well!**

For more information please contact Kelly LaMaison at [klamaison@tchs.net](mailto:klamaison@tchs.net)

Please detach, complete, and mail in the following:

Name: \_\_\_\_\_ DOB: \_\_\_\_\_ Grade: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ Zip: \_\_\_\_\_

Parent/Guardian Contact #: \_\_\_\_\_ Cell: \_\_\_\_\_

Email: \_\_\_\_\_ School: \_\_\_\_\_

Session Attending: \_\_\_\_\_ T-Shirt Size: YS YM YL AS AM AL AXL AXXL

**Checks Payable to : Kelly LaMaison / 114 Pavie Lane / Church Point, LA 70525**

I agree to be solely responsible for any medical expenses incurred by my child in this activity. In consideration for the fee charged for this program, I agree to hold Teurlings Catholic High School and any employee or volunteer involved in the program harmless from and indemnify them for any damage or loss arising as a result of my child's participation in this activity. \_\_\_\_\_ (Parent/Guardian sign.) \_\_\_\_\_ (Date)